

Minutes of WALC meeting of January 18, 2002

Meeting called to order by Pat Gima, WALC President, at 0930

Announcements: WALC has for sale:

- Kay Hoover's new yeast sheet \$1
- Evidence Based Guidelines for Breastfeeding \$10
- ILCA cookbooks \$12
- Barbara Wilson-Clay and Kay Hoover's Breastfeeding Atlas in soft cover or on CD for \$39

See Crystal Zimmerman if you are interested in any of these items. All will be available at meetings and the conference in March.

Cindy Dibb at cmjmhome@jadetech.com would like to collect info on facilities that rent breast pumps. Please contact her if you are in the Milwaukee area.

The Milwaukee County Breastfeeding Coalition is restarting. Jodi Clemens is leading the group which next meets on Wednesday, January 23, 2002.

Some resources are still out to non-members. We will be posting these on the web site. See also the enclosed list of current resources that WALC owns. We have many great resources for exam review preparation. We hope to have the last 3 years of resources available at each meeting. If you need something from another year, contact Alyce Tylicki, or Kris Walleser, our new resource assistant, to obtain. They can be reached at 414-447-2262. See enclosed current listing of resources available.

Linda Neuens from Medela is working on T-19 and insurance reimbursement issues. If you have any current knowledge or insight to this, please contact her. She hopes to create a panel type discussion, session, or other information sharing opportunity.

A new publication by Marsha Walker, RN, IBCLC is out "Selling Out Mothers and Babies – Marketing of Breast Milk Substitutes in the USA". Marsha is part of the National Alliance for Breastfeeding Advocacy. Phone 781-893-3553, Fax 781-893-8608, or e-mail marshalact@aol.com

Educational Opportunities: LLL's "Breastfeeding: Best Practice for Today's World" workshop in Minneapolis, MN on April 17. Contact 952-593-1918.

LLL of Wisconsin "Advanced Issues in Breastfeeding: Education, Support, and Empowerment." Olympia Resort in Oconomowoc, WI on April 26. Contact Ann Haase Kehl at 608-233-5497 or jpmurphy@execpc.com

Rush's 8th Annual Conference for Advanced Practitioners on "The Promises and Pitfalls of Long-Term Pumping" in Chicago, IL on March 22. Contact Pamela Napier at 312-942-5164.

The Center for Breastfeeding is holding "Lactation Counselor Certificate Training" in Chicago, IL on March 11-15. Contact <http://www.healthychildren.cc> Phone 508-888-8044 Fax 508-888-8040.

EDUCATIONAL PROGRAM: Marty Creed RN, BSN, presented Baby Blues Vs Postpartum Depression and characteristics of each. She identified risk factors for development of postpartum depression, and questions that you could ask to help make that assessment. She also discussed postpartum psychosis and its characteristics. Handouts were provided on a postpartum survival plan and helpful ideas for referring women to professional resources. (See attached. These are for personal use only and not to be copied by request of the author.) A video of a mother's group was shared in which mothers discussed their symptoms and the events leading to their participation in this support group. Marty runs a support group through Elmbrook Family Counseling. She also offers free postpartum screening and referrals. Marty is currently employed at St. Joseph's Hospital on the antepartum/high risk unit. You may call referrals to her home at 414-963-1713. We had 29 attendees at this program from 10:10am-12:10pm.

BUSINESS MEETING

I. CALLED TO ORDER at 1315

Members Present: Pat Gima, Sue Morrison, Winnie Mading, Terri Funk, Cindy Rux, Carol Cox, Heidi Lynch, Jenny McAllister, Anne Altshuler, Ellen Vojta, Joan Buczynski-Radomski, Kris Walleser, Marcia Barritt, Laurie O'Leary, Joan Young, Jan Miller, Lori Meyersohn, Donna Bisbee.

II. MINUTES-A correction to the minutes of November 13, 2001 meeting to note that our next regular meeting is on Tuesday, May 21st not May 7th. A notice of this will be sent out with the current minutes. Minutes were then approved and seconded.

III. TREASURE'S REPORT-Terri Funk reported the current account balance is \$9,387.16. Thanks to those people turning in expense vouchers with separation of WALC from conference expenses. Terri has worked with a CPA in Monroe on WALC's tax-exempt status. Papers have been filed. We are awaiting final approval from the state. A unanimous vote was taken by the board of officers of WALC to contribute \$1,000.00 as a donation to ILCA's general fund.

IV. OLD BUSINESS

A. Announcements

WALC's web site is up and running. Check it out at <http://walc.net>. We hope to see the library of resources listed there soon. Ellen Vojta's husband has agreed to update and maintain our web site for us. Thank you Jan!

Dr. Hales new medication book will be available in January. WALC will be purchasing and sending a copy to each ER throughout the state. All LC's please notify your ER staff that this is coming so it is not filed away.

Ellen Vojta is trying to find out who made decisions to only cover the mini-electric breast pumps as a "hospital grade electric pump" for T-19/Medicaid clients. She has contacted many Medicaid/T-19 representatives at state levels for answers. She is also contacting some of the state legislators for assistance. Ellen is also getting some assistance from Linda Neuens of Medela. She is seeking additional help on this matter. If you can help her, she can be reached at work 920-451-5486 or home 920-457-9394. State Representative Steve Kestell is taking an interest in the lack of T-19/Medicaid follow through on breast pumps. Ellen encourages us to contact our local representatives to talk with Steve. A suggestion was made that Ellen have a petition to sign at the WALC conference in March. Those present agreed that we would back Ellen in this project.

B. Committee Reports

Program committee-

March 7 –8th, 2002 – conference in Appleton at Paper Valley

May 21st, 2002- Stevens Point, program “Clinical Day”

September 20th, 2002- Watertown

November 19th, 2002- St. Luke’s in Racine

January 17th, 2003-St. Agnes in Fon du lac

The surveys from the January “Herbal Presentation” were very good. Other topics suggested for future programs include: supplementation, breastfeeding toddlers, yeast infections, counseling with Cathy Carothers speaking.

Our May meeting will be a clinical day with our own members speaking on mastitis, engorgement, yeast, decreased supply, cranial sacral therapy, supplementing, web resources, and T-19 issues.

Conference update-We already have 20 people registered. Attendees will receive Jack Newman’s new book “The Ultimate Book of Breastfeeding Answers”. We are seeking an AV coordinator for the conference. If you have anyone in mind, please contact Pat Gima.

Membership-107 members. Discussion took place on how we could increase our membership.

Membership Reimbursement-Winnie Mading, Donna Bisbee, and Carol Cox have worked on the application for ILCA conference reimbursement. (See attached.) The board of officers has reviewed it and revisions made. 1/2 of WALC’s conference revenues will be divided amongst those attending the ILCA conference with the president receiving a full scholarship. Those attending the conference will be required to report at the September WALC meeting.

V. Meeting adjourned at 1435

Minutes submitted by Cindy Rux, RN, IBCLC
WALC secretary

Enc.: map
handouts