

Minutes of WALC meeting of January 16th, 2004

Meeting called to order by Carol Cox, WALC President, at 0940

Announcements: Thank you to Meriter Hospital for hosting today's event.

Avent America has Nipplelets available for treatment of inverted nipples. You can find them at <http://www.aventamerica.com>

WALC is offering a full page add in the WALC Conference syllabus for \$50. This will be offered annually with the dead line being February 1st of each year. Please contact Pat Gima if you are interested. The ad must be camera ready.

If there are any web sites, books, videos, etc. that you would like to see published in the minutes, please submit these in writing to the secretary to be assured of accuracy.

A wage survey took place during the meeting. The results of the group attending showed that the average salary for an IBCLC/RN in the hospital was \$27.78/hr. It ranged from \$22.50 to \$31.18. Private Practice was \$75/hr. The wage for a LC/non-RN was \$21.45/hr.

Educational Opportunities: The Center for Breastfeeding Lactation Counselor Certificate Training Program (CLC) will be offered in Watertown, WI on February 16-20, 2004. More information is at <http://www.healthychildren.cc> .

Wisconsin Association of Lactation Consultants (WALC) conference Appleton, WI "WALC Conference 2004-It's All About The Latch" at Radisson Paper Valley Hotel on March 4-5, 2004.

La Leche League 2004 Spring Conference Continuing Education Day is April 29, 2004 in Wisconsin Dells. WI Area Parenting and Family Conference: Friday evening April 30, 2004 through Saturday afternoon May 1, 2004. For information contact Wendy Copeland, 262-896-7797 or <mailto:WendyCopeland@juno.com> .

ILCA 2004 Conference and Annual Meeting, Scottsdale, Arizona. Best Practices: Supporting Breastfeeding Worldwide. For information: <http://www.ilca.org/conference/index.php> .

EDUCATIONAL PROGRAM: 30 members attended today's program.

Dr. Anne Eglash spoke on the topic of the history, physical findings and clinical outcome of lactating women who are treated with antibiotics for chronic breast and/or nipple pain. Her study describes the history, physical and laboratory findings, and outcome in patients who presented to a lactation specialist during 1997-2002, and who were treated with antibiotics for their breast and/or nipple pain.

Dr. Bonny Whalen spoke on the topic of support for breastfeeding mothers who return to the workplace. Drs. Bonny Whalen and Elizabeth Goetz from UW Pediatrics have developed and piloted a survey of Dane County's Top 50 Employers, with the support of the Loving Support program, to identify the current level of support for breastfeeding mothers when they return to the workplace. The results of 19 returned surveys were shared, and compared to results of a similar survey done by the Madison Breastfeeding Promotion Network in 1998. Dr. Whalen is developing an educational CD-rom for employers on how to become a breastfeeding-friendly workplace and looks forward to its completion this spring. Thus far, 9 employers have expressed an interest in the CD-rom. At the time of the CD-rom's completion, hopes are to distribute the CD-rom (at a small fee to employers) to businesses, with consulting availability if desired by the employer.

BUSINESS MEETING

I. CALLED TO ORDER at 1250.

Members Present: Carol Cox, Cindy Rux, Sandy Testin, Marcia Barritt, Donna Bisbee, Cindy Dibb, Deanne Lawson, Winifred Mading, Ruth Sweet, Crystal Zimmerman, Sharon Marshall, Kathie Russell, Pat Gima, Terri Funk, Joan Buczynski-Radomski, Alyce Tylicki, Anne Altshuler, Helen Pappas, Chris Raasch, Jillene Nilsson, Meredith Weir, Sue Morrison, Linda Neuens, Wendi Rebholz.

II. MINUTES- The minutes of the November 18, 2003 meeting were approved and seconded.

III. TREASURE'S REPORT- Terri Funk reported the checkbook balance at \$4,708.86. Income tax filing is being worked on. If you are going to submit expense forms to her for reimbursement, be sure to itemize and separate all WALC regular expenses from WALC conference items.

IV. OLD BUSINESS

A. Announcements-

- Remember to check the web site <http://www.walc.net> for next meeting directions/map updates.
- Elections will be held for the position of secretary. Please return your ballot before May 1st to Sandy Testin. (See enclosed) The results will be announced at the May meeting.
- WALC did not receive enough responses to bulk order the video "A Premie Needs His Mother". Sandy Testin will be returning all checks that were received. Interested individuals will need to place their own orders. An order form can be found on the WALC web site.
- Winnie Mading stated that a workgroup including herself along with Connie Lossman and Chris Raasch are asking for recommendations on how WALC may wish to spend revenues to support other scholarships, conferences, or new lactation consultants. They will compile the information and present it at a future WALC meeting.

B. Committee Reports

Program committee-

March 4th and 5th, 2004- Appleton. WALC conference.

May 18th, 2004-Monroe, Clinical Day. Possible topics may include grief and breastfeeding, and AAP and Legislation. Speakers may include Karen Pletta and Mary Pesik.

September 17th, 2004- Children's Hospital of Wisconsin, Milwaukee.

November 16th, 2004- Unconfirmed yet.

January 21st, 2005- Community Memorial Hospital, Menominee Falls.

Donna stated that the evaluations collected from the November program were very positive.

Conference update- "It's All About the Latch", March 4th and 5th, 2004, in Appleton. Speakers include Christina Smillie, MD, FAAP, IBCLC and Catherine Watson Genna, BS, IBCLC. Topics include: problem latch, increasing milk supply, sensory integration disorder, respiratory challenges, baby-led latching, and abundant milk supply. You will find registration materials on-line at <http://walc.net>. Be sure to make your hotel reservations. Registration forms will also be mailed out to area hospitals. The committee is exploring other locations for 2005. Madison is being considered. Pat Gima states that we are ahead of last year's conference registration. She notes that we are also listed on ILCA's conference page.

Membership- Sandy Testin reports that we have 152 members. Membership renewal forms will be in the May minutes to help defray mailing costs. If you renew at the conference, you do not need to send in the form. The renewal will

include a question if you would like to be e-mailed the minutes. WALC is considering paying an individual to start up the e-mail listing to allow for this to occur.

Resources- WALC received a copy of the CD-ROM on support of breastfeeding in the workplace. It will be added to our library. Thank you Dr. Bonny Whalen.

The WALC Board has decided to make available any resources that are from 1999 or before. A discussion took place during the general meeting. Some individuals would like to see some of the classic pieces kept. If you are aware of a classic video that you feel needs to be kept by WALC, please notify Chris Wallerer. A box of the oldest resources will be available at the May meeting to sort through. Some items will then be made available for a nominal fee. We would like to decrease the amount of space needed and decrease the burden of storing our growing library as new items become available.

Kay Hoover's yeast handouts are still available through WALC to purchase.

Anne Altshuler shared the following information:

Lawrence, Ruth A. 1997. "A Review of the Medical Benefits and Contraindications to Breastfeeding in the United States" (Maternal and Child Health Technical Information Bulletin). Arlington, VA: National Center for Education in Maternal and Child Health. 2000 15th street, North, Suite 701, Arlington, VA 22201-2617

(703)524-7802 fax: (703)524-9335

Internet: <mailto:info@ncemch.org> web site: <http://www.ncemch.org>

Single copies are available at no cost from:

National Maternal and Child Health Clearinghouse

2070 Chain Bridge Road, Suite 450

Vienna, VA 22182-2536

(703)356-1964 fax: (703)821-2098

V. NEW BUSINESS-Pat Gima shared a new book "The Nursing Mother's Herbal" by Sheila Humphrey for \$16.95. It will be available at the March WALC conference along with many other new reference books.

-Anne Altshuler stated that the new 2004 version of "Womanly Art of Breastfeeding" book is available.

-Ruth Sweet shared a web site for knit breasts at <http://www.staron.com.au/~delma/0008.htm> for \$25 each.

-There was a request made for Ethics cerps through WALC. This is a new requirement from the IBLCE. The program chair will look into this requirement.

-It is also noted that ILCA does give you a 1 year grace period to write the exam before you need to renew all of the certification requirements. Please check with ILCA if you are needing more clarification regarding this.

Meeting adjourned at 1345

Minutes submitted by Cindy Rux, RN, IBCLC

WALC secretary

Enc.: map
handouts