

## Minutes of WALC meeting of May 18th, 2004

Meeting called to order by Donna Bisbee, WALC Program Chair, at 0950

### Announcements: Thank you to the Monroe Clinic for hosting today's event.

-Remember to check the web site <http://www.walc.net> for the next meeting directions/map and updates.

-It's membership renewal time for WALC please fill out and return the enclosed form to Sandy Testin.

-Please note the enclosed overdue materials list. These materials have been checked out for **more than 1 year**. If you see your name on the list or know an individual listed please kindly remind them to return the items to Kris Waller.

-DVD's and videos from the 2004 WALC Conference are now available through the library.

-The 2005 ILCA Conference will be held in Chicago.

-Congratulations to Ruth Sweet our new WALC Secretary. Ruth will assume the position September 2004.

-Future WALC meeting schedule:

September 17<sup>th</sup>, 2004- Children's Hospital of Wisconsin, Milwaukee. Program will be ILCA Conference updates from those attending this summer's conference.

November 16<sup>th</sup>, 2004- Waukesha Memorial Hospital. Mary Pesik RD, CLE, WIC/MCH Coordinator and Nutritionist will speak on AAP and Breastfeeding.

January 21<sup>st</sup>, 2005- Community Memorial Hospital, Menomonee Falls.

May 17<sup>th</sup>, 2005- We still need a meeting site.

-The WALC Conference 2005 is considering an ethics topic to be presented.

-Terrell Brock, Nutrition Consultant for the State of WI, has a grant from Blue Cross and Blue Shield for promotion of Baby Friendly in Wisconsin hospitals. She is seeking a WALC representative to help. Winnie Mading has volunteered.

### Educational Opportunities:

-La Leche League of Wisconsin is proud to present: Diane Weissenger, MS, IBCLC as the speaker for their annual Continuing Education Event on October 22, 2004, Four Points Sheraton, Milwaukee, WI. Contact Anne Altshuler for details.

-La Leche League International's 19<sup>th</sup> Breastfeeding Conference, "Breastfeeding: Ancient Art-Modern Miracle", Washington, DC, July 2-5, 2005. See the enclosed listing of speakers and topics.

**EDUCATIONAL PROGRAM:** 22 members attended today's Clinical Day program.

#### **0950-1135 Winnie Mading RN, IBCLC, "Nipple Miscellany".**

Transient Initial Nipple Tenderness- Some moms feel some initial tenderness in spite of what appears to be excellent latch and no anomalies in infant. Discussion centered on possible reasons including individual differences in pain perception; instructions to give mom and follow up.

To Shield or Not To Shield-Differences of opinion on usefulness was discussed. Appropriate situations for their use as well as effective use was reviewed.

Confusion About Confusion- There is disagreement about whether nipple confusion really exists. Theory was presented that it is really a variety of difficulties. For each difference between breast

and artificial nipple, there is a potential point of confusion. What may be a challenge for one baby won't be for others and each baby that has a difficulty will have a challenge with a unique combination of differences. Among those discussed were: position, shape, feel, texture, flow, rate, smell and taste. Possible identifiers for each were discussed as well as suggestions for overcoming them.

Winnie recommended a book "Impact of Birthing Practices on Breastfeeding: Protecting the Mother and Baby Continuum" by Mary Kroeger with Linda J. Smith, Jones and Bartlett Publishers, <http://www.jbpub.com> .

**1240-1340 Carmen McDonald RN, Monroe Clinic, "Perinatal Grief and Breastfeeding"**

Carmen discussed how to set up a grief program, memorial garden, taking care of the mother and the family, which also would include the nursing mother and breast care. She also discussed bereavement support, intended population for the support, parent support groups, as well as environment for the support group discussions. She had information folders available to look through regarding information for ectopic pregnancy, miscarriages and still birth.

**1355-1500 Maureen Oostdik-Hurd RDH, BA, Dental Health Specialist, Madison Department of Public Health, "Caries Prevention and Breastfeeding"**

This presentation showed an overview of issues relating to breastfeeding and dental caries, especially Early Childhood Caries (ECC). Caries in young children is painful and difficult to treat, but can be prevented in most cases. Maureen presented how the disease occurs, how it can be prevented and how the problem relates to breastfeeding. She also explained the caries process, current thought, research findings, future studies, risk factors to consider and recommendations. Web sites:

Dental-public-health listserv: mail to: majordomo@list.pitt.edu

<http://www.xylitol.com>

<http://www.cda.gov/genomics/activities> (family history tool)

<http://www.aaphd.com>

<http://www.calgaryhealthregion.ca/hecomm/oral/liftip.html> ECC & lift the lip

<http://www.lalecheleague.org/NB/NBJanFeb97p10.html>

<http://www.brianpalmerdds.com> (Ann Altshuler RN)

"Breastfeeding and Frenulums

Importance of Breastfeeding

Infant Caries"

A resource guide and handouts are available through: National Maternal and Child Oral Health Resource Center, Georgetown University, Box 571272, Washington DC, 20057-1272, phone (202) 784-9771 or fax (202) 784-9777. Web site <http://www.mchoralhealth.org> . mail to: [info@mchoralhealth.org](mailto:info@mchoralhealth.org)

**BUSINESS MEETING**

**There was no business meeting.**

**Meeting adjourned** at 1500

Minutes submitted by Cindy Rux, RN, IBCLC

WALC secretary

Enc.: map

handouts