

Minutes of WALC meeting of September 20th, 2002

Meeting called to order by Pat Gima, WALC President, at 0930

A presentation was made of our new WALC President Carol Cox.

Announcements: Anne Altshuler shared a web site of Amy Spangler's that is free and easily printed out. <http://www.daddymommyandme.com/newsletter.html> . Recent discussions have included debates on vitamin D and the Ross use of the AAP breastfeeding book.

We have added a copy of the recent ILCA conference, in Boca Raton, to the WALC library.

Linda Neuens, Medela representative, states that T-19 will no longer allow for the mini-electric breast pump to be given out. A personal double-pump or hospital grade electric pump will now be available by the state guidelines. If you need more information, contact Linda at <mailto:linda.neuens@medelainc.com> .

Kate Choby's husband passed away recently. WALC would like to send a monetary memorial to the VNA hospice in his honor.

Also noted, post meeting, is the passing of Chris Flynn. She will be sadly missed.

Carol asked that anyone who has suggestions for speakers for future WALC meetings to please contact her.

Winnie Mading is looking for any formal or informal job descriptions that differentiate IBCLC's from other forms of breastfeeding specialists.

Directories are out for this year's membership and will be mailed to those not present.

Each WALC members will be given a copy of Dr. Hale's 2002 book "Medications and Mother's Milk". We are to distribute this book to whomever or wherever we feel it can best impact positive breastfeeding outcomes. (i.e. Emergency rooms, clinic settings, etc.) If you were not at the meeting, it will be mailed with your directory.

Educational Opportunities: The Milwaukee County Breastfeeding Coalition is sponsoring "Breastfeeding Across Cultures. Diversity...With One Common Goal" at Alverno College in Milwaukee, WI on October 22, 2002. Contact Marie Spann at (414) 227-4921.

The Center for Breastfeeding is holding "2003 International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management" in Madison, WI on February 24-28, 2003. Contact <http://www.healthychildren.cc> Phone 508-888-8044 Fax 508-888-8050.

EDUCATIONAL PROGRAM: We had 41 attendees at this program from 9:33-11:13am.

BUSINESS MEETING

I. CALLED TO ORDER at 1305

Members Present: Pat Gima, Sue Morrison, Winnie Mading, Terri Funk, Cindy Rux, Judy Ryan, Carol Cox, Marcia Barritt, Donna Bisbee, Sandy Testin, Faith Olson, Wendi Rebholz, Sara Babcock, Jillene Nilsson, Ruthe Sweet, Meredith Weir, Susan Zupnyk, Cathy Szlidy, Dorothy Tambornino, Helen Murkowski, Christine Raasch, Becky Krumwiede, Roxanne Gollata, Patty Bluett, Karen Kottwitz, Crystal Zimmerman, Sue Thelen, Cynthia Dibb, Janetha Johnson.

II. MINUTES- Minutes of the May 7th meeting were approved and seconded.

III. TREASURE'S REPORT-Terri Funk reported the current account balance is \$8,553.80. \$225.00 recently went to Dr. Hales's book purchase.

IV. OLD BUSINESS

A. Announcements-

ILCA sent a thank you for our contribution to them.

Our web site monitor is Jan Vojta (Ellen Vojta's husband). Please check out the site at <http://walc.net>. We have regular updates that include: resources, minutes, mission statement, links, and conference registration. Carol would like to see in the future a list of Wisconsin job postings and articles of interest.

The recent issue of "Lifelines" has a nice article on dads and breastfeeding.

B. Committee Reports

Program committee-

November 19th, 2002- St. Luke's in Racine

January 17th, 2003-St. Agnes in Fon du lac

March 6-7th, 2003 – conference in Appleton at Paper Valley

The surveys from the May "Clinical Day" were very good. A number of other topics were suggested for future programs.

Conference update-"WALC-ing In The Right Direction – Step by Step" on March 6-7th, 2003. We will be hosting hospital based speakers Anne Merewood, MA, IBCLC, Barbara Philipp, MD, IBCLC, Carol Schlef, RNC, IBCLC.

Thursday night will be a wine and chocolate party rather than the traditional ice cream social.

Cindy Dibb is asking for new exhibitors. The cost is \$35 per table. Please contact her if you are interested or have any ideas.

Membership-138 members. Results of the recent vote for WALC Secretary 2002-2004, Cindy Rux.

Resources-Tapes from the 2002 ILCA conference are available. See the complete list on our web site, <http://walc.net>, or contact Kris Walleser for information to obtain them.

V. NEW BUSINESS-Pat Gima is helping to plan a "Clinical Day" for the western part of the state.

WALC has purchased a display board to be used at various conferences etc. We are hoping to increase interest in becoming a lactation consultant at these events.

Carol has asked if there were any suggestions of things that we would like to see done or directions we would like to see WALC go. Please contact her with any suggestions.

Becky Krumwiede shared the Avent nipplette which helps to evert the nipple and is about \$24. She also reports that a nice book to recommend is “No Cry Sleep Solution” by Elizabeth Pantley.

Pat Gima shared information at <http://www.blis.com> , which is a breastfeeding leak inhibitor system.

Chris Raasch reports good success with “Gripe Water”. It contains fennel, ginger, and sodium bicarb.

Other good books: “The Happiest Baby on the Block” by Harvey Karp
 “Listen to Your Baby” by Jay Gordan

Meeting adjourned at 1348

Minutes submitted by Cindy Rux, RN, IBCLC
 WALC secretary

Enc.: map
 handouts