

Minutes of WALC meeting of September 19, 2003

Meeting called to order by Carol Cox, WALC President, at 0940

Announcements: Thank you to Dorothy Tamornino and Mary Kay Tardiff, Hess Memorial Hospital-Mauston, for hosting today's meeting.

We have begun to charge \$5.00 to non-members of WALC that want cerps for educational programs. There is no charge for just attending if you do not want the cerps.

A survey was passed out regarding the distribution of the Dr. Hale book "Medications and Mother's Milk" by WALC. (See attached.) Please return completed surveys to Carol Cox.

Anne Altshuler shared information on the "Loving Support" program being promoted through the Wisconsin Breastfeeding Coalition. There are a number of good reproducible handouts available on the web site at <http://www.dhfs.state.wi.us/WIC> .

Carol stated that there are free videos, handouts, and posters available through the USDA. The web site is <http://www.fns.usda.gov/wic/fathers/supportingbreastfeeding.htm> .

Winnie Mading shared 2 new picture books that she picked up at the Australia ILCA conference. "The Incredible Truth About Motherhood" and "Dear Mum." Both are by Bradley Trevor Greive.

Educational Opportunities: A number of educational and training opportunities are currently available. (See attached.)

La Leche League International will be holding a workshop "Clinical Support in Challenging Situations" on October 24, 2003 in Lisle/Naperville, Illinois. Phone: 630-505-0900.

Rush-Presbyterian-St. Luke's Medical Center, Chicago, 10th Annual Breastfeeding Conference, "Infant Sensorium and Structure in Breastfeeding." Contact Pamela Napier at 312-942-5164.

ILCA will be holding it's regional conference in Denver, Colorado on November 8th and 9th, "Clinical Practice and Reimbursement." Contact Jennifer Ernst at 919-787-5181 Ext. 258.

EDUCATIONAL PROGRAM: ILCA conference sharing by Becky Krumwiede, Winnie Mading, Anne Altshuler, and Ruth Sweet.

A correction to Dr. Hale's book "Medications and Mother's Milk". Lithium **is not** AAP approved.

"Follow Me Mum-The Key to Successful Breastfeeding" video by Rebecca Glover RM, IBCLC. You can contact Rebecca at 6 Finlay Court, Lesmurdie, Western Australia 6076. Phone 61(08)9291 7319 or e-mail at <mailto:reblact@inet.net.au> .

The Australian government web site on breastfeeding can be found at <http://www.health.gov.au/pubhlth/strate/brfeed/index.htm> .

A book "Taking Learning to Task: Creative Strategies for Teaching Adults" by Jane Vella, price \$33.00. Reviews and purchase located on <http://www.amazon.com>.

Dr. Tom Hale's web site is <http://neonatal.ama.ttuhsu.edu/lact/>.

The Australian Breastfeeding Association web site is <http://www.breastfeeding.asn.au>.

Posters and bumper stickers "The Best Way to Feed a Baby", P.O. Box 4000, Blen Iris, VIC 3146. Phone- (03) 9885 0855 or Fax (03) 9885 0866. e-mail <mailto:info@breastfeeding.asn.au>.

"Mother and Baby...The First Week" video by Sue Cox, available by e-mail at <mailto:escoa@netspace.net.au>.

"Impact of Birthing Practices on Breastfeeding-Protection the Mother and Baby Continuum" book by Mary Kroeger with Linda Smith is available at <http://www.jbpub.com> or <mailto:info@jbpub.com>.

"Fresh Milk, Secret Life of Breasts" book by Fiona Giles.

Future ILCA conferences will be held 2004 in Scottsdale, Arizona and the 2005 in Boca Raton, Florida.

28 attended this WALC information sharing session.

BUSINESS MEETING

I. CALLED TO ORDER at 1315

Members Present: Carol Cox, Cindy Rux, Sandy Testin, Marcia Barritt, Donna Bisbee, Anne Altshuler, Cindy Dibb, Helen Pappas, Deanne Lawson, Mary Ellen Anderson, Patricia Bluett, Jodi DeMaa, Mary Ann Krainz, Becky Krumwiede, Connie Lossman, Winifred Mading, Jillene Nilsson, Rita Parker, Christine Raasch, Wendi Rebholz, Ruth Sweet, Peggy Stalheim, Dorothy Tambornino, Mary Kay Tardiff, Kris Walleser

II. MINUTES- The minutes of the May 20th, 2003 meeting were approved and seconded.

III. TREASURE'S REPORT- Kris Walleser reported for Teri Funk the checkbook balance at \$7,708.49 and cash of \$28.00. Income tax filing is being worked on. It was noted that 2 thank you's were received for the gift of the Hale book and use of the breastfeeding display board.

IV. OLD BUSINESS

A. Announcements-

- Remember to check the web site <http://www.walc.net> for next meeting directions/map updates.
- Carol Cox is asking for nominations for Secretary. We would like to invite others to become involved in WALC. Cindy Rux is currently holding this position that will end May of 2004.
- There is a good article on vitamin D on the LLL web site by Cynthia Moljab.

B. Committee Reports

Program committee-

November 18th, 2003- St. Francis Hospital, Milwaukee. Dr. Greenbaum will be speaking on vitamin D.

January 16th, 2004- Meriter Hospital, Madison. Topic to be announced

March 4th and 5th, 2004- Appleton. WALC conference.

May 2004 is still in need of a western or northwestern WI location. It was noted that Mauston has offered.

September 2004- Children's Hospital of Wisconsin, Milwaukee.

November 2004- Not yet determined.

January 2005- Community Memorial Hospital, Menominee Falls.

Donna stated that there were a lot of positive responses to the last meeting in Wisconsin Rapids. Please contact her with any speaker/topic suggestions for future meetings. She is especially in need of topics for the clinical day in May.

Conference update- "It's All About the Latch", March 4th and 5th, 2004, in Appleton. Speakers include Christina Smillie, MD, FAAP, IBCLC and Catherine Watson Genna, BS, IBCLC. Topics include: problem latch, increasing milk supply, sensory integration disorder, respiratory challenges, baby-led latching, and abundant milk supply. Conference ticklers will be mailed out soon. The cost of the conference will remain the same.

Cindy Dibb stated that there will be a change in the vendor area table costs. \$50 for small businesses and \$150 for hospitals and equipment companies.

Membership- Sandy Testin reports that we have 148 members. This is the highest that we have ever seen in September.

Resources- Kris Walleser is the new resource contact. DVD and VHS tapes are now available from the 2002 WALC conference.

It was discussed that the board felt it would be too expensive for WALC to pre-purchase the video "A Premie Needs His Mother." WALC will help by sending out an order form with the minutes. (See attached.) Sandy Testin is willing to be a contact.

V. NEW BUSINESS- WALC has had numerous positive responses on the Dr. Hale book "Medications and Mother's Milk." It was agreed on by the group present that we will continue this offering as a community outreach every 2 years. We will wait until the next book is available.

Joan Buczynski-Radomski has suggested that we need to support new lactation consultants. A number of suggestions were made by the group, which included a 1-year WALC gift membership. Carol stated that we have \$7,000 to work with and asked for people to assist in defining some guidelines for this. Connie Lossman, Chris Raasch and Winnie Mading agreed to work on a draft and will report back at the meeting in January 2004.

Winnie Mading suggested to extend the WALC ILCA scholarships to a regional scholarship when the regular ILCA conference is out of the country. Concerns were raised that the funds used would be decreased and take away from the focus of supporting our professional organization. Eligibility requirements for scholarships were reviewed as attendance at 2 business meetings and the WALC conference or attendance at 3 business meetings.

Meeting adjourned at 1400

Minutes submitted by Cindy Rux, RN, IBCLC

WALC secretary

Enc.: map, handouts